

可立中學(嗇色園主辦)
通告第五十八號(二零一八至二零一九)

敬啟者：

香港已踏入二零一八至一九冬季流感季節，主要流行的流感病毒為甲型(H1N1)pdm09 流感。雖然現時本校病假率屬於正常水平；但為安全起見，本校已採取以下措施：

- A. 清潔及消毒校園，定時以漂白水清潔班房；打開課室部份窗戶以保持室內空氣流通。
- B. 呼籲同學每天量度體溫；受感染或發燒的同學如已回校，學校會聯絡家長到校接送回家就診。

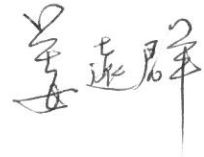
現請家長及同學切實執行以下各項：

1. 家長請為子女每天早上量度體溫(口探體溫不高於攝氏 37.5 度，或耳溫不高於 38 度)，同學如發燒就不應回校。
2. 同學出現發燒或呼吸道感染病徵時，應立即求醫及向校方請病假，須休息至少兩天才回校復課；如需留院，家長必須立即通知學校。
3. 同學應維持良好的個人衛生，自備紙巾，打噴嚏及咳嗽後應徹底洗手。
4. 同學應保持均衡飲食，恆常運動及充足休息和多喝水。
5. 如非必要，應避免帶子女到人多擠逼或空氣流通欠佳的公眾地方。
6. 所有同學必須隨身帶備口罩，有需要時即時配帶。

家長如欲獲悉更多最新健康資訊，可瀏覽衛生防護中心網頁 <http://www.chp.gov.hk>

此致
各位家長

可立中學校長



謹啟

二零一九年一月四日

可立中學(嗇色園主辦)
通告第五十八號(二零一八至二零一九)
【回條】

敬覆者：

有關 貴校之「預防流感」措施及提醒，業已知悉。

中()班 班號()學生姓名()家長簽署()謹覆

二零一九年 月 日

Precautionary Measures Against Influenza

4th January 2019

Dear Parents / Guardians,

Hong Kong has entered the 2018/19 winter influenza season and the circulating influenza virus is predominantly influenza A(H1N1)pdm09. Though there isn't an outbreak at our school, we clean and sterilize school campus regularly, and open classroom windows for better ventilation.

Parents/guardians are advised to adopt the following measures:

1. Measure and record your child's body temperature before school. If your child has a fever (oral temperature is higher than 37.5C, ear temperature 38C), regardless of the presence of respiratory symptoms, they should not attend school and should seek medical advice and report sick leave to the school. They should not return to school until 48 hours after the fever has subsided. If your child is hospitalized, please inform the school promptly.
2. If your child is unwell with other flu-like symptoms such as runny nose, sore throat, cough, vomiting or diarrhea, please seek medical advice and allow adequate rest at home until your child is better, before returning to school.
3. Cover nose and mouth while sneezing and coughing, wash hands properly afterwards, and dispose of dirty tissues in a covered bin.
4. Maintain a balanced diet, have adequate rest and exercise, and drink plenty of water.
5. Avoid visiting crowded places with poor ventilation.
6. Wear a surgical mask and seek medical advice promptly if fever or respiratory symptoms develop.

For the latest information on influenza activity, please visit the website of the Centre for Health Protection. (www.chp.gov.hk)

Thank you for your kind attention.

Yours faithfully,



Ms. KEUNG Yuen-kwan
Principal

Ho Lap College (Sponsored by Sik Sik Yuen)
Circular No.58 (2018 / 2019)
(Reply Slip)

Precautionary Measures Against Influenza

Date: _____

Dear Principal,

I acknowledge the receipt of the circular regarding the Precautionary Measures Against Influenza.

F.() Class No.:() Student Name:() Parent's Signature:()