

可立中學 (喬色園主辦)
通告第十六號 (二零一九至二零二零年度)

敬啟者：

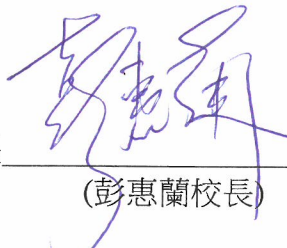
為使青少年在成長中獲得正面的引導及全面的培育，本年度本校將與衛生署合作，於中一級推行「成長新動力」課程，培育青少年以正確的態度和技巧去面對成長中的挑戰，邁向健康快樂的人生。詳情如下：

日期	時間	課題
27/9/2019	15:20-16:20	解難篇
4/10/2019	15:20-16:20	情感篇
25/10/2019	15:20-16:20	壓力篇
15/11/2019	15:20-16:20	溝通篇
29/11/2019	15:20-16:20	人際篇
13/12/2019	15:20-16:20	抗誘篇

所有中一級同學必須參與，而上述日期放學時間為較平常延遲20分鐘。敬請留意。

此致

中一級家長

可立中學校長  謹啟
(彭惠蘭校長)

二零一九年九月十日

可立中學 (喬色園主辦)
通告第十六號 (二零一九至二零二零年度)
【回條】

敬覆者：有關 貴校中一成長新動力課程安排，業已知悉。

此覆

可立中學校長

學生姓名：_____ ()

班 別：_____

家長簽署：_____

日 期：_____

HO LAP COLLEGE (Sponsored by the Sik Sik Yuen)
Circular No.16 (2019 / 2020)

10th September, 2019

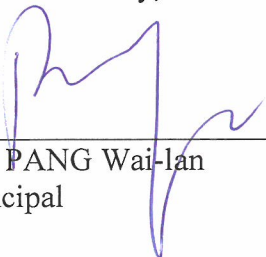
Dear Parents / Guardians,

To empower our adolescents to face the challenges of growing up, our school will launch the Adolescent Health Programme with the Student Health Service of the Department of Health. The details are as follows.

Date	Time	Topics
27/9/2019	15:20-16:20	Analytical thinking and problem solving skills
4/10/2019	15:20-16:20	Emotion management
25/10/2019	15:20-16:20	Stress management
15/11/2019	15:20-16:20	Communication skills
29/11/2019	15:20-16:20	Establishing harmonious interpersonal relationship
13/12/2019	15:20-16:20	Resisting Temptation

F.1 students must attend all sessions. The sessions will end at 16:20. Thank you for your kind attention.

Yours faithfully,


Ms. PANG Wai-lan
Principal

HO LAP COLLEGE (Sponsored by the Sik Sik Yuen)
Circular No.16 (2019 / 2020)
Reply Slip

Date: _____

Dear Principal,

The content of the circular concerning the Adolescent Health Programme is noted.

Student's name : _____ () Class: _____

Parent's signature: _____