

Ho Lap College (Sponsored by the Sik Sik Yuen)

Careers and Life Planning (CLP) Grant – Evaluation Report 2015 – 2016

Objectives	Strategies	Evaluation	Remark								
<p>◇ To foster careers and life planning education for students.</p>	<p>◇ To employ teachers or teaching assistants to help relieve the workload of two senior teachers to plan and implement life planning education programs so as to suit diversified needs of students, especially to coordinate and liaise various departments, to conduct the data analysis of students' performance and to give advice on JUPAS program choices, E-Apps application, varied local and overseas pathways and opportunities</p>	<p>A wide range of events and programmes were carried out in CLP committee and the response was positive. For the details, please refer to the attachment 1“Report of Events of Careers & Life Planning Committee 2015-2016”</p> <p>Besides, the following tasks were successfully enhanced according to views of teachers in evaluation meetings:</p> <ol style="list-style-type: none"> 1. To coordinate and liaise various departments both internally and externally, especially in liaising talks, visits and internship for students 2. To keep track of the latest information for dissemination to students 3. To give individual advice for students on JUPAS program choices, E-Apps application, various local and overseas pathways and opportunities 4. To give individual advice and keep track of F.6 students' multiply pathways in further studies and careers after DSE release 5. To conduct data analysis of students' performance in HKDSE and JUPAS offers; and 6. To conduct talks and sharing sessions for parents and students of F.3 on their subject selection in F.4. 	<p>Refer to the document “Report of Events of Careers & Life Planning Committee 2015-2016”</p> <p>Effective. Keep</p>								
<p>◇ To arrange multifarious kinds of career guidance related programs / activities to suit diversified needs of students, such as local opportunities for further studies, latest development in the career world</p>	<p>◇ To arrange admission talks and local visits to universities, institutions or workplaces for all students to explore more about opportunities for further education and careers development</p>	<p>1. In order to let students understand and get the most update admission information from various tertiary institutes, a series of in-house admission talks from tertiary institutes and sharing sessions from alumni were arranged for F.3 to F.6 students.</p> <table border="1" data-bbox="835 906 1766 1203"> <thead> <tr> <th data-bbox="835 906 1066 959">Date</th> <th data-bbox="1066 906 1766 959">Event</th> </tr> </thead> <tbody> <tr> <td data-bbox="835 959 1066 1040">9 October 2015</td> <td data-bbox="1066 959 1766 1040">Hang Seng Management College</td> </tr> <tr> <td data-bbox="835 1040 1066 1122">27 November 2015</td> <td data-bbox="1066 1040 1766 1122">City University of Hong Kong</td> </tr> <tr> <td data-bbox="835 1122 1066 1203">1 June 2016</td> <td data-bbox="1066 1122 1766 1203">The Chinese University of Hong Kong – Alumni sharing</td> </tr> </tbody> </table> <p>2. In order to let students explore multiple pathways on further studies, a series of university campus visits, tertiary institute visits and visit to overseas further study expo were arranged for all students.</p>	Date	Event	9 October 2015	Hang Seng Management College	27 November 2015	City University of Hong Kong	1 June 2016	The Chinese University of Hong Kong – Alumni sharing	<p>Refer to the document “Report of Events of Careers & Life Planning Committee 2015-2016”</p> <p>Effective. Keep</p> <p>Need increase the allocation of expenses for travelling</p>
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<p>❖ To provide all Form 3 to Form 6 students with more guidance on setting goals and selecting suitable JUPAS and other institutes' program choices so that they can make more informed decisions based on their interests, abilities and orientations</p>	<p>❖ To set up Supplemental Instruction SI program by lining up a number of SI leaders who have good academic background and experience in public examination and life planning</p> <p>❖ To form SI groups for senior formers to get first hand information about the various university programs and life planning guidance</p>	<p>From the feedback of students and teachers of Geography and BAFS, the SI programme was effective. The students got remarkable improvement in both subject knowledge and examination skills. They also could have more guidance on subject choices in tertiary institutes</p>	<p>Refer to evaluation report of the subject Geography and BAFS</p> <p>Effective. Keep</p>																		

Ho Lap College (Sponsored by the Sik Sik Yuen)
Report of Events of Careers & Life Planning Committee 2015-2016

I. School Activities / 校內活動

Date / 日期	Description of details	詳細資料
2 Oct 2015	F.6 Parents Night 中六家長晚會 (F.6)	校本課程－向中六級家長以及學生介紹中六畢業後的多元出路、大學聯招辦法的申請程序及注意事項，以及學校全年生涯規劃課程作出簡介
2 Oct 2015	Talk on JUPAS (OLE/OEA/ Self-Account) (F.6) 大學聯招辦法講座 (其他學習經歷)	校本課程－介紹大學聯招辦法中其他學習經歷的注意事項
9 Oct 2015	Talk on Self - Financed Degree Programmes – HSMC 恆生管理學院自資學士學位課程講座 (F.5-6)	我們特意邀請到恆生管理學院招生處親臨本校親身講述其自資學士的入學資料
14 Oct 2015	Class Period-Planning one's life (F.2) 自我認識 - -生涯規劃	校本課程－透過時間表的運用去引導學生規劃生涯
16 Oct 2015	Guidance on selecting JUPAS Programme Choices I 大學聯招選科策略輔導 I (F. 6)	校本課程－就同學的大學聯招選科策略給予意見
23 Oct 2015	Guidance on selecting JUPAS Programme Choices II 大學聯招選科策略輔導 II (F.6)	校本課程－就同學的大學聯招選科策略給予意見
27 Nov 2015	CityU Expert Talk on JUPAS Interview Skill 城大專題講座 – 聯招面試技巧 (F.5-6)	我們特意邀請到城市大學商學院助理院長譚桂常先生親臨本校親身講述實用聯招面試技巧升讀城大的注意事項。
2 Dec 2015	Career Mapping (生涯規劃) I (F.4)	校本課程－透過使用香港輔導教師協會出版的「生涯規劃」作為藍本，輔導學生作生涯規劃
4 Dec 2015	Talk on E-App 專上課程電子預先報名平台講座 (F.6)	校本課程－介紹專上課程電子預先報名平台的注意事項。
4 Dec 2015	Talk on AFS AFS 海外文化交流講座 (F.3 - 4)	我們特意邀請到成立逾百年的非牟利國際交流團體「AFS 海外文化交流」親臨本校介紹一年海外交流計劃及暑期交流團的精彩內容與學習成效，藉以培養廣闊的國際視野，為未來成長與發展做好準備。

5 Dec 2015	F.3 Parents Day 中三家長會 (F.3) /	校本課程－向中三級家長以及學生介紹本校高中的課程以至中六畢業後的多元出路，使中三家長以及學生對中四選科得到適切的輔導。
9 Dec 2015	Career Mapping (生涯規劃) II (F.4) /	校本課程－透過使用香港輔導教師協會出版的「生涯規劃」作為藍本，輔導學生作生涯規劃
11 Dec 2015	Career Mapping (生涯規劃) III (F.4) /	校本課程－透過使用香港輔導教師協會出版的「生涯規劃」作為藍本，輔導學生作生涯規劃
18 Dec 2015	Guidance on selecting Sub-Degree Programme 專上課程選科策略輔導	校本課程－就同學專上課程的選科策略給予意見
18 Dec 2015	Career Mapping (生涯規劃) IV (F.4)	校本課程－透過使用香港輔導教師協會出版的「生涯規劃」作為藍本，輔導學生作生涯規劃
6 Jan 2016	Know Oneself -- In My Dream 自我認識 - -夢中的我 (F.1)	校本課程－透過時間表的運用去引導學生規劃生涯
8 Jan 2016	Class Period - A Different Path 不一樣的出路 (F.5)	校本課程－介紹除了升大學的其他出路
13 Jan 2016	Guidance on selecting Sub-Degree Programme 專上課程選科策略輔導	校本課程－就同學專上課程的選科策略給予意見
14 Jan 2016		
15 Jan 2016		
5 Feb 2016	Careers Talk by Centum Charitas Foundation 百仁基金”菁菁相惜”計劃”人才與事業”生涯規劃講座(F.3-5)	百仁基金貞責要員親臨本校講述百仁基金以輔助青少年發展為首要宗旨及目標，希望透過舉辦不同形式的活動及資助，帶領青少年邁向正確人生方向、培養正面思維及提高正能量。他們特意邀請環球特勤集團有限公司 (Secret Service Global limited) 董事林珈全先生 (Mr. Taylor Lam) 親臨本校分享自己學習、工作、生活的見聞與感受，介紹現代社會和企業對人才的定義，探討人才與事業、人生的關係，鼓勵學生積極裝備自己，確立未來發展方向。

24 Feb 2016	My Hero 「我心目中的風雲人物」 (F.2)	校本課程－透過社會上成功的賢達作為引子，輔導學生從成功人士中學習，以此為目標，培養正向思維。
	Finding Your Colours of Life I (尋找生命的色彩) I (F.3)	校本課程－透過使用香港輔導教師協會出版的「尋找生命的色彩」作為藍本，輔導學生作新高中科目選擇及個人抱負的探索。
	Briefing on Associate Programmes of three institutes – HKU SPACE Health and Social Care HD (F.3 – F.6)	我們特意邀請香港大學專業進修學院招生處親臨本校親身講述其社康照顧副學位以及高級文憑的入學資料，讓學生掌握多元出路的資訊。
26 Feb 2016	Finding Your Colours of Life II (尋找生命的色彩) II (F.3)	校本課程－透過使用香港輔導教師協會出版的「尋找生命的色彩」作為藍本，輔導學生作新高中科目選擇及個人抱負的探索。
2 Mar 2016	Finding Your Colours of Life III (尋找生命的色彩) III (F.3)	校本課程－透過使用香港輔導教師協會出版的「尋找生命的色彩」作為藍本，輔導學生作新高中科目選擇及個人抱負的探索。
4 Mar 2016	Finding Your Colours of Life IV (尋找生命的色彩) IV (F.3)	校本課程－透過使用香港輔導教師協會出版的「尋找生命的色彩」作為藍本，輔導學生作新高中科目選擇及個人抱負的探索。
11 Mar 2016	Careers Talk – HKGCC – Business School Partnership Program (BSPP) 香港總商會商校交流計劃面試技巧講座 How to Interview Well? (F.3 – F.5)	我們特意邀請到香港總商會旗下富士施樂（香港）有限公司的人力資源經理朱銘恩女士 Ms Adele Chu 親臨本校親身講述介紹在升學面試以至職場見工上的實用面試技巧
23 Mar 2016	Careers Talk by Jebesen Group - How Are Young Graduates Surprising Corporate Employers? 捷成洋行生涯規劃講座(F.1 – F.5)	我們特意邀請到捷成洋行有限公司集團人力資源及企業傳訊董事 (Group Human Resources and Corporate Communications Director)黃曉怡女士(Ms Bianca Wong)親臨本校分享自己學習、工作、生活的見聞與感受，介紹現代社會和企業對人才的定義，探討人才與事業、人生的關係，鼓勵學生積極裝備自己，確立未來發展方向。
22 Apr 2016	Written Report Competition on Tertiary Programs (F.4)	校本課程－中四學生透過專研特定大專院校的個別學系，以及對此所作的專題報告，以協助他們對升學作出更明智的決定。
27 Apr 2016	Reading Job Advertisements (F.3)	校本課程－中三學生透過研習集各媒體上的招聘廣告的校本教材，鼓勵學生積極裝備自己。
6 May 2016	Careers Talk – HKGCC – Business School Partnership Program (BSPP) 香港總商會商校交流計劃 General Hiring Trends 講座 (F.3–5)	我們特意邀請到香港總商會旗下專員親臨本校親身講述介紹現今職場上招攬人才的趨勢。
7 May 2016	F.3 Parents Day 中三家長日 (F.3)	校本課程－向中三級家長以及學生介紹中三選科的程序及注意事項，輔導學生以及家長新高中科目的選擇及個人抱負的探索。

13 May 2016	Talk on JUPAS I 大學聯招講座 I (F.5)	校本課程－一般介紹大學聯招辦法的申請程序及注意事項
20 May 2016	Talk on JUPAS II 大學聯招講座 II (F.5)	校本課程－一般介紹大學聯招辦法的申請程序及注意事項
25 May 2016	Careers Talk – HKGCC – Business School Partnership Program (BSPP) Talk on Correctional Service Department (F.3)	我們特意邀請到懲教署專四員親臨本校親身講述介紹現今懲教署招攬人才的注意事項，讓學生掌握多元出路的資訊。
1 Jun 2016	Alumni Talk by Mr. Posey Wong (F.4)	我們特意邀請到舊生現就讀中大醫學院的«F6»同學為師弟師妹現身說法身為 DSE 過來人怎樣面對考試壓力，亦介紹了入讀中大醫學院的心路歷程。
13 – 18 July 2016	JUPAS Reprioritize and Guidance on Exit 出路輔導	

II. Activities ,Visits and Interflows Outside School / 校外參觀、交流及活動

Date / 日期	Description of details	詳細資料
30 Oct 2015	Taiwan Further Study Expo 台灣升學輔導博覽會 (3:10pm-5:30pm)	Tsuen Wan Nina Tower Exhibition Hall 荃灣如心廣場五樓展覽廳 15 F.6 Ss
4 Dec 2015	PolyU Campus Visit 香港理工大學校園參觀 (7 - 9 th Period + Afterschool)	Visit School of Hotel and Tourism Management of PolyU 19 F.5 Ss
2 Feb 2016	Chinese Culinary Institute Open Day Visit 中華廚藝學院開放日參觀(2:30pm – 4:00pm)	香港薄扶林道 145 號薄扶林訓練中心綜合大樓七樓及八樓 54 F.4 – F.5 Ss
26 Feb 2016	VTC (Kowloon) Campus Visit 職業訓練局校園參觀 (3:00pm – 4:30pm)	九龍九龍灣大業街 46 號 51 F.4 – F.5 Ss
	HKUST Campus Visit 香港科技大學學園參觀 (3:15pm – 4:45pm)	117 F.5 Ss
11 Mar 2016	HKU Chinese Medicine Faculty Visit 香港大學中醫學院學園參觀 (4:00pm – 5:30 pm)	香港薄扶林沙宣道 10 號 31 F.3 – F.5 Ss

22 Apr 2016	VTC (Kowloon) Campus Visit 職業訓練局 校園參觀 (2:00pm – 4:00pm)	新界細山青衣路 20 號 About 100 F.3 – F.5 Ss
20 May 2016	CUHK – Campus visit & parallel session of Admission Talks 香港中文大學校園參觀	F4 Ss (110)
4 Jul 2016	Hall Tour to HKU Lady Ho Tung Hall (Careers Prefects)	F.3 – 5 Ss (20)

III. Voluntary Services Outside School / 校外服務

Date / 日期	Description of details	詳細資料
May 2016 – June 2016	黃大仙區中學校長會學生 - 「醫護體驗計劃 2016」	本校學生以下同學通過上述計劃已進行面試，並將陸續獲得實習機會。 第一期: 2016 年 5 月 16 日至 6 月 3 日 6E 張御途 6E 徐榮豪 第二期: 2016 年 6 月 6 日至 6 月 24 日 6E 樊德健 6E 梁志豪
May 2016	聯合國教育、科學及文化組織主辦之香港 航空培訓管理課程	4A 蔡希霖 4C 馬雲 5C 莊曜彰 5C 何志超 5C 李俊言
June 2016	黃大仙青年發展網絡 - 「黃大仙，動起來」青年先鋒發展 學生暑期實習驗計劃	本校學生以下同學通過上述計劃已進行面試，並將陸續獲得實習機會。 5A 陳麗嫻 5D 廖天愛 5A 陳溢軒 5D 雷紫情 5A 何家華 5D 王詠琳